

PEAR Process

✓ P is for PLAN

What are you going to do? Decide what you'd like to accomplish, why and for whom.

Ask: What resources do you need?
 What people are important?
 What's the timeline for completion of tasks?
 If this thing is a success, these things will be true: _____.
 HOW WILL WE KNOW THAT THIS IS A GOOD PLAN?

✓ E is for EXECUTE

Do the thing you said you'd do in the planning phase.

Perform the tasks.
Run the drills.
Write the essay, practice plan or season outline.
Have the meeting.
Play the game.

✓ A is for ASSESS

What parameters did I decide on in the PLAN phase?

Ask: Did I do the thing(s) I said I was going to do?
 Did it happen/work/win/go as planned?

If not, was it the fault of the plan or the execution?
Or, perhaps, something else?

If yes, are there ways to make it even better the next time?

✓ R is for REPEAT

The assessment process should enable you to create a plan to be even "better" the next time around, to create a plan that will lead to great execution.